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Mrs. Wheeler/Mr. Hall

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Working Bibliography

ALEXAE67. "42nd Chance." *42nd Chance*. NEDAwareness, 2 Mar. 2012. Web. 14 Nov. 2013.

<<http://fortysecondchance.com/2012/03/02/what-does-healthy-look-like/>>.

This cite includes a picture with the scale "ultimate weight goal: healthy."

Buchanan, Aimee. "Flawless: The Media's Affect on Girls' Body Image." *YouTube*, 25 Oct.

2012. Web. 12 Sept. 2013. <https://www.youtube.com/watch?feature=player_embedded>.

Good video for visual #1. Interview about Portia Del Rossi's experiences with eating disorders, as well as interviews with young girls about body image are used.

"Characters of Low Self Esteem." *Healthy Place*. N.p., 23 May 2012. Web. 11 Nov. 2013.

<<http://www.healthyplace.com/blogs/buildingselfesteem/files/2012/05/you-are-good-enough.jpg>>.

This picture used for handout which had "You are good enough."

Common Sense Media. "Girls and Body Image Tips." *Reviews and Ratings for Family Movies,*

TV Shows, Websites, Video Games, Books and Music. Common Sense Media, 14 Jan.

2013. Web. 12 Sept. 2013. <<https://www.youtube.com/watch?v=97p6LHCYGD0>>.

Opening of visual #1. Brittany Spears' video along with Lady Gaga's are used.

Couric, Katie. "Ellen on Body Image, and Beauty." *CBSNews*. CBS Interactive, 4 Feb. 2010.

Web. 10 Sept. 2013. <<https://www.youtube.com/watch?v=iGqtMt0zISQ>>.

Interview between Katie Couric and Ellen on Ellen's opinion of body image.

"Creighton University." Peer Education at Creighton. Office of the Assistant Dean of Students.

Creighton University, 1 Jan. 1999. Web. 06 Sept. 2013 <[http://www.creighton.edu/](http://www.creighton.edu/studentlife/officeoftheasstdeanofstudents/peereducation/healthinformation/bodyimage/definition/index.php)

[studentlife/officeoftheasstdeanofstudents/peereducation/healthinformation/bodyimage/definition/index.php](http://www.creighton.edu/studentlife/officeoftheasstdeanofstudents/peereducation/healthinformation/bodyimage/definition/index.php)>.

Definition of Body Image used for paper.

Dunnet, Jackie. "Media's Effects on Teen Girl's Body Image & Self Esteem." *YouTube*, 25 Apr.

2012. Web. 30 Sept. 2013. <<http://www.youtube.com/watch?v=F0pwXRQxSYE>>.

Video for Visual #1. Statistics about time in front of the mirror and the opening visuals are really powerful.

Early Show Contributors. "Survey: 97 Percent of Women Have Body Image Issues." *CBSNews*.

CBS Interactive, 2 Mar. 2011. Web. 10 Sept. 2013. <<https://www.youtube.com/watch?v=ldY0H-ZxBy8>>.

Sit down with Early Show Psychologist and Executive Editor of Seventeen Magazine.

Erickson, Latha. "Body-image Pressure Inundates Teen Girls." CNN. Cable News Network, 15 Mar. 2007. Web. 06 Sept. 2013. <<http://www.cnn.com/2007/HEALTH/03/15/BK.girls.body.image/>>.

Useful quotes from Tyra Banks, Catherine Hill, and the founder Dads & Daughters.

"Fairy Tales and Fantasy Literature." *Fairy Tales and Fantasy Literature RSS*. N.p., 12 Sept. 2011. Web. 13 Nov. 2013.

Picture "Your inner beauty never needs makeup."

Good Morning America. "Teenage Girls Face Another Body Image Obsession." ABC News.

ABC News Network, 25 Mar. 2013. Web. 04 Sept. 2013. <<http://abcnews.go.com/GMA/video/thigh-gap-surfaces-teenage-girls-image-obsession-18805729>>.

Using for visual #1. Shows a specific example of some of the extreme trends that have infiltrated the United States' females. Used the basis of the quotation below in paper.

"Reporter: You to think boys look at a girl's thigh gap? Girl: No. They don't know what it is. Reporter: They don't know what it is, right? Girl: The boys don't know what it is.

Reporter: So why do girls care? Girl: It's a girl thing. Reporter: Is it a girl status thing?

Girl: I would say so."

"House Call: Teens, Tweens and Body Image Part 2." *MyFOX8com*. The Piedmont News

Station, 4 June 2013. Web. 18 Oct. 2013. <<http://myfox8.com/2013/05/31/housecall-teens-tweens-and-body-image-part-2/>>.

Links into what parents can do and uses fewer opinions and more clinical information.

Teens and Tweens news clip with Dr. Jeannie Sykes.

Maine, Margo, Ph.D. "Get Real Barbie." Eating Disorders Awareness. Chapman University,

2000. Web. 19 Sept. 2013. <<http://www.chapman.edu/students/health-and-safety/psychological-counseling/eating-disorders.aspx>>.

Barbie Facts: addresses anorexia and proportions and shows the extremity of the topic.

Maraboli, Steve. "Quotable Quotes." *Goodreads*. N.p., n.d. Web. 13 Nov. 2013.

<<https://www.goodreads.com/quotes/521388-there-is-nothing-more-rare-nor-more-beautiful-than-a>>.

Quote used in Skin Deep video.

McKay, Hollie. "Teen Takes on Seventeen, Says Magazine Contributes to Body Image Issues."

Fox News. FOX News Network, 08 May 2012. Web. 04 Sept. 2013. <<http://www.foxnews.com/entertainment/2012/05/08/teen-takes-on-seventeen-says-magazine-contributes-to-body-image-issues/>>.

This article gives insight on the impact magazines have on real girls. Shows people taking action to change this problem. Link to another possible source Change.org.

Melton, Glennon D. "My Body, Myself." *Family Matters* Nov. 2013: 89. Print.

Print source that I can possibly quote in my speech. "I want to make peace with my body. I want to love it. I don't mean I want to improve my body and then love it. I don't want to weight train it into submission or lotion away my cellulite or train away my cellulite or train for a triathlon. I know these efforts are healthy for some people, but to me, too much improvement just feels like more war."

Rago, Maria, PhD, and Greg Archer. "Shut Up, Skinny Bitches!" Bedford, IN: NorLightsPress, 2010. Print.

This is a print source that I may use in speech or visual. This is the book my expert wrote. "I finally realized that being grateful to my body was key to giving more love to myself."
—Oprah Winfrey, *O Magazine*, (Rago)

Rago, Maria, PhD. "Body Image Research." E-mail interview. 04 Oct. 2013.

Expert Interview.

Ramos, Eleah. "Children's Beauty Pageants." *Children's Beauty Pageants*. N.p., 24 Sept.

2013. Web. 13 Nov. 2013. <<http://uglysideof-beauty.blogspot.com/>>.

Picture of little girl measuring herself.

Slayen, Galia. "The Scary Reality of a Real-Life Barbie Doll." *The Huffington Post*.

TheHuffingtonPost.com, 08 Apr. 2011. Web. 14 Nov. 2013. <http://www.huffingtonpost.com/galia-slayen/the-scary-reality-of-a-re_b_845239.html>.

The article and link include "Get Real Barbie Campaign" picture.

"Teen Health and the Media." *Teen Futures Media Network*. University of Washington

Experimental Education Unit, 1999. Web. 20 Sept. 2013. <<http://depts.washington.edu/thmedia/>>.

Site contains many statistics used in the paper. Source is important for paper, because it's an .edu, as well as the presentation.

"The Words 'sexy' and 'adolescent' Just Don't Go Together | The American ResidentThe

American Resident." *The American Resident*. N.p., 14 Dec. 2010. Web. 13 Nov. 2013.

Picture of Barbie legs.

Walter, Natasha. "Living Dolls: The Return of Sexism." London: Little, Brown Book Group, 2010. Print.

"The look of a popular brand such as the Bratz dolls exemplifies the new expectations that young girls will be seen as sexy early in their lives. With their pouting lips and over-defined sleepy eyes, their bling and miniskirts and heels..." (Walter 63).

Wolf, Naomi. "The Beauty Myth: How Images of Beauty Are Used Against Women." New York: Harper Collins, 1991. Print.

"The problem with cosmetics exists only when women feel inferior or inadequate without them. The problem with working out exists only if women hate themselves when we don't... when she goes hungry to keep her job,... this is exactly when "beauty" hurts (Wolf 273)."