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# iStatement Suggestions

## How To Prepare Students

- Explore Careers
  - Try using [www.careercruising.com](http://www.careercruising.com)
    - Your school will need to purchase a license to this site
- Explore Morals and Values
  - Use "What are your values?" worksheet
- Practice writing statements
  - Use "My own uniqueness" worksheet
  - Have students create an acrostic
    - Use the "Who am I?" rubric for a short PowerPoint

## Time Management

- Locating Pictures on the Internet
  - Set a time limit for the number of days students have to find pictures
  - Set a limit for how many they should have at the end of each day
    - If you are on block schedule, allow 3 but no more than 4 days
    - If you are on 50 minute periods, I would give them 1 week
- Creating the iStatement
  - Give students a time limit on the length of their finished iStatement video
    - Recommend 1:45 but no more than 3 minutes.

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## Pictures

- Find pictures on the Internet
  - Remind students inappropriate pictures may come up but ignore it like a responsible adult
    - Some students may still display immaturity
      - Give them guidance to help keep them on track
  - Suggested websites: [www.flickr.com](http://www.flickr.com), [www.photobucket.com](http://www.photobucket.com), <http://schools.clipart.com>
- Advise students to bring pictures from home
  - Helps to tell the story about the student and who they really are
  - Pictures can be digital or can be scanned into the computer

## Music

- Choosing appropriate music that follows school guidelines
  - Have students print out the lyrics to their songs so you may approve them
  - Pick a songs that describe them or has special meaning in their lives
  - Songs need to be on a CD or flashdrive
    - Can't pull music off of an mp3 player. The format doesn't allow for trasnfer.