

Why are you the way you are?

I want you to take a look back to see who and/or what made you who you are. Try to find the answers to the following questions:

- A. What do your parents do for a living?
- B. What are their other interests?
- C. What are their physical characteristics (eye color, height, etc.)?
- D. Do you share any of those same interests or characteristics? If so, which one(s)?
- E. What types of personalities do they have?
- F. Which parent are you most like? Why?
- G. Who are (were) your grandparents? Where were they from?
- H. What do (did) they do for a living?
- I. What are (were) their interests?

J. What are (were) their physical characteristics (eye color, height, etc.)?

K. Do you share any of those same interests or characteristics? If so, which one(s)?

L. What types of personalities do (did) they have?

M. Which grandparent are you most like? Why?

N. What about your other family members? Aunts, Uncles, Cousins, etc. Are you like them in any way?

O. What groups or organizations were you a part of growing up that influenced you?

P. Any particular friends that have partially made you who you are?

Q. How else can you explain who you are today by looking back in the past?